



2019
U19 NATIONAL TEAM
SELECTION PROCEDURES

2019 World Junior Rowing Championships
August 7 - 11, 2019
Tokyo, Japan



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Eligibility Requirements

The USRowing U19 National Team selection process is open to all athletes who meet all the following criteria. Athletes must comply with these criteria through the date of the completion of the World Championships:

- a) In conjunction with new USRowing Membership tiers, participants must be either Championship Members of USRowing or Basic Members + “Regatta Package” added on. If you have any questions about your membership, please contact Member Services at 800-314-4ROW (4769).
- b) All athletes must abide by the Athlete Selection Procedures and the USRowing Bylaws, Rules of Rowing, and other USRowing rules, requirements and regulations.
- c) All athletes must hold United States citizenship and a current and valid United States passport by the date of selection to the team. FISA requires the passport as proof of citizenship. *Please note: Many countries require a passport valid for 6 months past the date of return to the US.*
- d) All athletes must have read and signed a copy of the 2019 USRowing Athlete Agreement and Consent. (Appendix G)
- e) All athletes participating in selection for the National Team must be in compliance with United States Anti-Doping Agency (USADA), IOC, USOC, WADA, FISA and USRowing rules, decisions, policies, and procedures relating to banned substances, including but not limited to obtaining and maintaining current therapeutic use exemptions as needed. A complete guide to banned substances is available on USADA’s website at <http://www.usantidoping.org/>. USRowing may implement additional eligibility requirements related to banned substances as necessary in order to maintain compliance with USADA, IOC, USOC, WADA, and FISA rules, policies, and procedures; any such additional requirements will be incorporated herein and published as soon as practicable.
- f) All candidates must adhere to the [USRowing ECG & Pre-Competition Health Screening Policy](#).
- g) All athletes must meet eligibility rules to compete for the United States under IOC, USOC and IF governance.

Anti-Doping

All athletes participating in selection for the United States National Rowing Team are subject to the USADA, IOC, USOC, WADA, FISA, and USRowing rules, decisions, policies, and procedures relating to banned substances, including drug testing administered by representatives of the USADA or FISA and obtaining and maintaining current therapeutic use exemptions. Athletes who violate USADA, IOC, USOC, WADA, FISA, or USRowing rules, decisions, policies, or procedures relating to banned substances will be subject to penalties as established by the respective organization. Athletes are responsible for calling the USADA drug hotline (800-233-0393) prior to taking any medications and making sure the medication they are taking is not on the banned list. A complete guide to banned substances is available by contacting USADA Drug Control and Education Program (800-233-0393) or USRowing (609-751-0714). <http://www.usantidoping.org/>

Important Dates

U19, U23, PARA, AND U19 NATIONAL TEAM TRIALS III

(M1x, W1x, M2x, W2x, M2-, W2-)

July 7-10, 2019

West Windsor, NJ

U19 NATIONAL TEAM SELECTION CAMP NOMINATION DATE

(M4-, W4-, M4x, W4x, M4+, W4+, M8+, W8+)

July 18, 2019

WORLD JUNIOR ROWING CHAMPIONSHIPS

August 7 – 11, 2019

Tokyo, Japan

Selection Procedures

As outlined below, selection to the 2019 U19 World Championships Team (2019 Team) will be made in one of two methods:

TRIALS BOATS PROCESS

- M1x, W1x, M2-, W2-, M2x, W2x

SELECTION CAMP BOATS PROCESS

- M4-, W4-, M4x, W4x, M4+, W4+, M8+, W8+

Trials Boats Selection Process

A. TRIALS PROCESS: M1x, W1x, M2-, W2-, M2x, W2x

1. Selection Through Trials

- a. The winning boat at the U19 World Championship Trials in each event will represent the United States at the 2019 U19 World Championships.
- b. The athletes in that boat must satisfy the minimum eligibility criteria set forth on page 3 and declare their intent to compete in the 2019 U19 World Championships in writing to the USRowing High Performance Director, or their designee, no later than two hours after their final race at U19 Trials has been declared official.
- c. Should the winning boats athletes decline, fail to declare their intent or fail to meet the minimum eligibility criteria set forth on page 3, the second-place finisher will be given the option to take the spot. If second place also declines or fails to meet the minimum eligibility criteria set forth on page 3 the Nominating Committee reserves the right to decline to send a boat to the U19 World Championships for the boat class in question.
- d. Each winning boat at a U19 Trials is required to nominate a coach after the trials, who is required to travel with the crew for the length of the 2019 U19 World Championships. Exceptions to this rule may only be granted by the High Performance Director. Nominated coaches must meet the requirements in [Appendix D – Coaches](#).

2. U19 4-lane Progression

- a. If there are four or fewer entries, all crews are placed in the first final. If there is only one entrant, there will be only one final. If there are five or more entries, crews advancing out of the time trial are placed in the first final; all others are eliminated. All time trials are run using two (2) lanes with 20-30 second gap between each lane (40-60 seconds within the lane).

Trials Boats Selection Process

- b. The following shall constitute the forms of progression for four-lane racing:

Number of Entries	Heats	Advance to Final
1-4	0	1-4
5+	1 (Time Trial)	1-4

3. Finals Format & Seeding – All Trials Boats:
- a. Under the “two out of three” progression system, all crews advancing to the finals shall automatically compete in the first finals race. The heat results will be used to determine lane assignments in the first final. The first three places from the first finals race shall then advance to race in the second finals race. If the same crew wins both of these races, it shall be considered the winner of the event. Otherwise, a third race shall be held between the winners of the first two finals races only, and the winner of the third race shall be considered the winner of the event.
- b. The assignment of lanes for finals shall be performed according to the order of finish in the previous level of competition. Should no previous level of competition exist, the draw will be randomized.
4. Funding
- a. USRowing does not provide funding for the U19 National Teams and the Junior World Rowing Championships. The team may derive funding from other sources including the National Rowing Foundation, team fund-raising efforts, and self-funding. For trials boats, a fee for local travel and housing costs at World Championship must be submitted by trials winners for the athlete(s) and coach at the conclusion of trials. Bank check, cash and VISA or MasterCard are accepted forms of payment. The amount of the fee due will be \$2908. Trials winners are responsible for their own arrangements and costs for overseas airfare to and from the Junior World Rowing Championships as well as boat rental. Trials winners are strongly encouraged to travel with the other members of the U19 National Team and this, along with the purchase of allotted tickets, as well as rental of boats can be arranged through Steve Hargis, U19 National Team Head Development Coach.

Selection Camp Boats Process

A. INVITATIONS TO SELECTION CAMPS: M4-, W4-, M4x, W4x, M4+, W4+, M8+, W8+

1. Invitations to 2019 Selection Camps will be sent out by National Team Coaches based on the following criteria (listed in no particular order):

- Performance in 2018-2019 Identification Camps
- Coach's Recommendation
- Past performance in international and domestic competition
- Competitive performance during training sessions
- Athlete's ability to match the style and technique of the crew as determined by the designated coach
- Video and audiotapes of performance in the case of coxswains
- Meets minimum eligibility criteria set forth on page 3

In addition, athletes currently competing in a collegiate program in 2019 may be invited to a Selection Camp upon completion of their competitive season in the spring/summer of 2019. The criteria listed above may pertain to their invitation.

B. DATES AND LOCATIONS OF SELECTION CAMPS

The default location of the Selection Camps shall be New London, CT/Princeton, NJ for the women's team and Chula Vista, CA for the men's team unless otherwise decided by the U19 High Performance Director. If this occurs, affected athletes will be notified as soon as possible. The dates of the 2019 Selection Camps are as follows.

- M8+/M4-/M4x/M4+: June 13 to July 18, 2019
- W8+/W4-/W4x/W4+: June 11 to July 18, 2019

The Selection Camps may conclude earlier than the dates listed above.

C. SELECTION PROCESS AT SELECTION CAMPS

1. Each National Team Head Coach will recommend crews for the boat(s) he/she will coach based on the following factors (listed in no particular order):
 - Athlete's compatibility with the rest of the crew
 - Competitive performance during training sessions
 - Overall performance at Selection Camp
 - In the case of coxed events, the cox's weight
 - Results of 2k and other erg performances
 - Recommendations of other relevant coaches
 - Meets minimum eligibility criteria set forth on page 3
2. The criteria outlined above and the Selection Camp process are subject to discretionary selection. This means that Selection Camp is used to determine the fastest combination of top athletes, allowing the fastest individual athletes to come together in one location to assemble the best combination of talent in the team boats. In order to do so, at Selection Camp, individual athletes will be selected to form the best combination of talent for each boat. The Selection Camp process ensures that every athlete in attendance has an opportunity to be selected for the team boat. However, the Selection Camp process, while based on objective racing and performance markers during the camp, also must include subjective team-related performance assessment. The dynamic of teamwork, leadership, and movement in a team boat requires development and assessment over time.
3. Results of measurable competitive processes at the Selection Camps, including, but not limited to time trials and seat racing, will be posted in a public location for athletes participating in the respective Selection Camp to review within 24 hours of the end of practice. USRowing will keep written records of the underlying data used to evaluate athletes in the Selection Camp process for a period of six months after the 2019 World Junior Rowing Championships.

D. SELECTION RECOMMENDATIONS

1. The National Team Head Coach shall make all recommendations to the U19 High Performance Director (HPD) for the Selection Camp boats by 5pm EST on Thursday, July 18, 2019.

The HPD will present the recommendations to the Nomination Committee for review and recommendations and must be approved by the Nomination Committee to be effective.

2. The athletes in the recommended boats must declare their intent to compete in the 2019 U19 World Championships in writing to the USRowing High Performance Director, or their designee, no later than three days after approval by the Nomination Committee.
3. Each Selection Camp boat recommended by the HPD and approved by the Nomination Committee will be named to the 2019 National Team, provided the athletes in each such boat submit their declaration of intent to compete on time and satisfy the minimum eligibility criteria set forth on page 3.
4. USRowing will announce the 2019 National Team no later than 5pm Monday, July 22, 2019.



Selection Camp Boats Process

USRowing does not provide funding for the U19 National Teams and the Junior World Rowing Championships. The team may derive funding from other sources including the National Rowing Foundation, team fund-raising efforts, and self-funding. For trials boats, a fee for local travel and housing costs at World Championship must be submitted by trials winners for the athlete(s) and coach at the conclusion of trials. Bank check, cash and VISA or MasterCard are accepted forms of payment. The amount of the fee due will be posted **no later than June 1, 2018**. Trials winners are responsible for their own arrangements and costs for overseas airfare to and from the Junior World Rowing Championships as well as boat rental. Trials winners are strongly encouraged to travel with the other members of the U19 National Team and this, along with the purchase of allotted tickets, as well as rental of boats can be arranged through Steve Hargis, U19 National Team Head Development Coach.

National Team Coaches and Staff

NATIONAL TEAM HEAD COACHES

The U19 National Team Head Coaches shall be comprised of the U19 National Women's Head Coach and the U19 National Men's Head Coach, or their delegate(s) (U19 National Team Head Coach(es)). Each U19 National Team Head Coach shall be responsible for making recommendations relating to the boat that he/she will coach. In making recommendations called for under these Selection Procedures, each National Team Head Coach may seek input and information from other coaches as he/she deems appropriate. Once the Team is selected all coaches must abide by [Appendix D- Coaches](#).

SELECTION OF COACHES

Trials Boats must propose one coach (National Team Coach) for their boat to the 2019 U19 World Championships subject to meeting the criteria outlined in [Appendix D – Coaches](#). The Nominating Committee will select coaches to the U19 National Team based on the following criteria no later than three days after the day of nomination at Trials as applicable. All proposed coach candidates will be evaluated according to the following criteria (listed in order of priority):

- a) Choice of and compatibility with the selected crews
- b) The number of available coaching positions on the team
- c) Demonstrated commitment to the crew throughout the year
- d) Demonstrated commitment to the National Team throughout the year
- e) Number of athletes on the team trained by a particular coach
- f) International coaching experience
- g) Domestic coaching experience

SELECTION OF OTHER STAFF

USRowing Programs Staff will select the team manager, doctors, trainers, and other related staff.

Nomination Committee

2019 TEAM NOMINATION COMMITTEE

The Nomination Committee shall be comprised of each of the USRowing U19 High Performance Director; U19 High Performance Committee Chair, and the U19 USRowing HPC Athlete Representative.

RESPONSIBILITIES

- Recommendations of the National Team Head Coaches for invitations to Selection Camps shall be subject to review and approval of the Nomination Committee
- Nomination of Selection Camp boats as outlined in Selection Camp Boats Process, Section II
- Nomination of National Team coaches as outlined in National Team Coaches and Staff/Selection of Coaches
- Other duties related to athlete or coach selection or eligibility to compete, as necessary

In the event of a vacancy in one or more boats on the 2019 Team, that vacancy will be filled according to [Appendix I – Removal and Replacement of an Athlete, Coach, or Staff Member](#).

Additional Information

PROCESS FOR ISSUES AND CONFLICTS

An athlete or coach who has issues related to selection, funding, or logistics is strongly encouraged to discuss his/her concern or issue first with:

- a) The appropriate National Team Coach directly or through a USRowing athlete representative
- b) The USRowing High Performance Director
- c) Chair of the USRowing High Performance Committee

For issues occurring during selection events the [USRowing National Team Selection Event Due Process Procedure](#) will be followed.

USOC ATHLETE OMBUDSMAN

If you have questions regarding your opportunity to compete that are not answered by your USRowing staff, you may contact the USOC Athlete Ombudsman: Kacie Wallace by telephone at (888) ATH-LETE, or by e-mail at kacie.wallace@usoc.org

INTERNATIONAL DISCLAIMER

These Selection Procedures are based on FISA and/or USRowing rules and regulations as presently known and understood. Any change in the Selection Procedures caused by a change in FISA and/or USRowing rules and regulations will be incorporated herein and distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USRowing. However, the selections are always subject to unforeseen, intervening circumstances, and realistically have not accounted for every possible contingency.

PRIORITY OF WRITTEN PROCEDURES

The terms and conditions of these written Selection Procedures shall take priority over any verbal explanation, clarification or interpretation of the Selection Procedures, and an athlete or coach relies on a verbal explanation, clarification or interpretation of these Selection Procedures at his or her sole risk. Any request or question that would involve a formal clarification or interpretation of these Selection Procedures, or that would address an issue not otherwise covered in these Selection Procedures, should be submitted to Matt Imes at USRowing in writing, and the response to such request by USRowing must be provided in writing and must be published promptly on the USRowing website.

ANTI-DOPING AND SAFE SPORT VIOLATIONS

If an athlete is alleged to have committed an anti-doping rule violation, that athlete shall remain on the Team (or remain eligible to be nominated to the Team) until: a) the athlete is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing or by FISA; b) the athlete voluntarily accepts a provisional suspension or sanction of ineligibility; or c) the athlete voluntarily withdraws from the Team or relinquishes eligibility to be nominated to the Team.

SUPPORTING DOCUMENTS

USRowing will retain all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the 2019 U19 World Championships. Records pertaining to a specific selection process under these procedures will be made available for review to an athlete involved in such selection, upon written request to the High Performance Director.

QUESTIONS

For questions regarding these procedures, you may contact the U19 USRowing High Performance Director, Steve Hargis at steve.hargis@usrowing.org